



Ogden Preparatory Academy K-6

September Lunch Menu

Available Daily

We offer the following daily lunch choice along with the main entrée.

- * Peanut Butter & Jelly Sandwich
- * Fresh Fruit/Yogurt
- * Fresh Vegetables & Salad
- * Juice or Water \$.25 each

September 2011 Lunch Menu

www.ogdenprep.org

- 801-627-3066 OPA- Secondary
- 801-627-2066 OPA- Intermediate
- 801-334-4255 OPA- Elementary

Mon 09/05

No School

LABOR DAY

Tues 09/06

Breakfast
Cereal, Donuts, Milk

Lunch
Chicken Patty Sandwich, PBJ
Potato Salad, Fruit, Milk

Wed 09/07

Breakfast
Muffin Tops, Fruit, Milk

Lunch
Hamburgers, PBJ
Fries, Veggies, Fruit, Milk

Thurs 09/01

Breakfast
Egg & Cheese Bites
Fruit, Milk

Lunch
Hot Dogs, PBJ
Fruit, Veggies, Milk

Side Dishes: Chips

Fri 09/02

Breakfast
Pancakes, Orange Slices, Milk

Lunch
Pizza, PBJ
Milk, Veggies, Fruit

Thurs 09/08

Breakfast
Egg/Cheese Omelet, Fruit, Milk

Lunch
Pizza, PBJ
Green Salad, Fruit, Milk

Fri 09/09

Breakfast
French Toast Sticks, Fruit, Milk

Lunch
Popcorn Chicken, PBJ, Salad
Tater tots, Fruit, Milk

Mon 09/12

Breakfast
Breadables, Egg Patty
Fruit, Milk

Lunch
Ham or Turkey Sandwich, PBJ
Salad, Fruit, Milk

Side Dishes: Chips

Tues 09/13

Breakfast
Cereal, Muffins,
Fruit, Milk

Lunch
Taco Salad, PBJ
Veggies, Fruit, Milk

Wed 09/14

Breakfast
Scrambled egg tortilla
Yogurt, Milk

Lunch
Corn Dogs, PBJ
Potato Salad, Fruit, Milk

Thurs 09/15

Breakfast
Cinnamon Rolls, Cereal
Milk

Lunch
Pizza, PBJ
Green Salad, Fruit, Milk

Fri 09/16

No School

Parent Teacher
Conferences

<p>Mon 09/19</p> <p><u>Breakfast</u> Hardboiled Egg, Sausage Toast Fruit, Milk</p> <p><u>Lunch</u> Chicken nuggets, PBJ, Fruit, Milk Mac & Cheese Bites, Veggies</p>

<p>Tues 09/20</p> <p><u>Breakfast</u> Muffins, Fruit, Milk</p> <p><u>Lunch</u> Hamburgers, PBJ, Macaroni Salad, Yogurt, Milk</p> <p>Side Dishes: Chips</p>
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<p>Wed 09/21</p> <p><u>Breakfast</u> Danish, Fruit, Milk</p> <p><u>Lunch</u> Ham or Turkey Sandwich, PBJ Veggies, Milk</p> <p>Side Dishes: Chips, cookie</p>
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<p>Thurs 09/22</p> <p><u>Breakfast</u> Cereal, Donut, Milk</p> <p><u>Lunch</u> Pizza, PBJ, Milk Green Salad, Yogurt Fruit Cup</p>
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<p>Fri 09/23</p> <p><u>Breakfast</u> French Toast Sticks Fruit, Milk</p> <p><u>Lunch</u> Toquitos, Rice, PBJ, Milk Jello Parfait, Baby Carrots, Fruit</p> <p>Side Dishes: Cookie</p>
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<p>Mon 09/26</p> <p><u>Breakfast</u> Breadable, Fruit, Milk</p> <p><u>Lunch</u> Chili w/ Cornbread, PBJ Potato Salad, Fruit, Milk</p>
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<p>Tues 09/27</p> <p><u>Breakfast</u> Scrambled Eggs w/ Ham Fruit, Milk</p> <p><u>Lunch</u> Chicken Haystacks, PBJ Veggies, Milk</p> <p>Side Dishes: Cookie</p>

<p>Wed 09/28</p> <p><u>Breakfast</u> Danish, Cereal Fruit, Milk</p> <p><u>Lunch</u> Hot Dogs, PBJ Pasta Salad, Fries, Fruit, Milk</p>
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<p>Thurs 09/29</p> <p><u>Breakfast</u> Muffins, Sausage, Fruit, Milk</p> <p><u>Lunch</u> Pizza, PBJ Green Salad, Fruit, Milk</p>

<p>Fri 09/30</p> <p><u>Breakfast</u> Hardboiled Egg, Breakfast Cookie Fruit, Milk</p> <p><u>Lunch</u> BBQ Beef Sandwich, PBJ Veggies, Fruit, Milk</p>
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Menu Subject to Change