



# Ogden Preparatory Academy 7-9



## January Lunch Menu

<p><b>Tues 1/3</b></p> <p><u>Breakfast</u> Muffins, Fruit, Milk</p> <p><u>Lunch</u> HOT DOGS SANDWICH LINE SALAD BAR LINE Jello Parfait, Fruit, Milk</p> <p>Side Dishes: Chips</p>	<p><b>Wed 1/4</b></p> <p><u>Breakfast</u> Egg Patty, Sausage Roll, Milk</p> <p><u>Lunch</u> TACO SALAD SANDWICH LINE SALAD BAR LINE Veggies, Pudding, Milk</p>	<p><b>Thurs 1/5</b></p> <p><u>Breakfast</u> Cereal, Donuts, Milk</p> <p><u>Lunch</u> BEEF STEW with ROLL SANDWICH LINE SALAD BAR LINE Veggies, Fruit, Milk</p>	<p><b>Fri 1/6</b></p> <p><u>Breakfast</u> French Toast Sticks, Fruit, Milk</p> <p><u>Lunch</u> PIZZA SANDWICH LINE SALAD BAR LINE Salad, Fruit, Milk</p>	
<p><b>Mon 1/9</b></p> <p><u>Breakfast</u> Danish, Fruit, Milk</p> <p><u>Lunch</u> POPCORN CHICKEN SANDWICH LINE SALAD BAR LINE Mashed Potatoes, Gravy, Roll, Fruit, Milk</p>	<p><b>Tues 1/10</b></p> <p><u>Breakfast</u> Egg Omelet, Sausage, Fruit, Milk</p> <p><u>Lunch</u> CHICKEN NOODLE SOUP SANDWICH LINE SALAD BAR LINE Roll, Salad, Fruit, Milk</p>	<p><b>Wed 1/11</b></p> <p><u>Breakfast</u> Breadables, Egg Patty, Milk</p> <p><u>Lunch</u> PIZZA SANDWICH LINE SALAD BAR LINE Veggies, Fruit, Milk</p>	<p><b>Thurs 1/12</b></p> <p><u>Breakfast</u> Muffin Tops, Fruit, Milk</p> <p><u>Lunch</u> CHICKEN ALFREDO SANDWICH LINE SALAD BAR LINE Roll, Green Beans, Fruit, Milk</p>	<p><b>Fri 1/13</b></p> <p><u>Breakfast</u> Pancakes, Yogurt, Fruit, Milk</p> <p><u>Lunch</u> HAMBURGERS SANDWICH LINE SALAD BAR LINE Fries, Salad, Fruit, Milk</p>

Menu Subject to Change

**Mon 1/16**

**NO SCHOOL**

Martin Luther King Jr Day

**Tues 1/17**

**Breakfast**  
Breadables, Fruit, Milk

**Lunch**  
**CHICKEN HAYSTACKS**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Corn, Fruit, Milk

**Wed 1/18**

**Breakfast**  
Cinnamon Rolls, Fruit, Milk

**Lunch**  
**PIZZA**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Veggies, Fruit, Milk

**Thurs 1/19**

**Breakfast**  
Muffins, Fruit, Milk

**Lunch**  
**FAJITAS**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Rice, Salad, Fruit, Milk

**Fri 1/20**

**Breakfast**  
Scrambled Eggs w/ Ham, Fruit, Milk

**Lunch**  
**SLOPPY JOES**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Fruit, Milk

**Side Dishes:** Chips

**Mon 1/23**

**Breakfast**  
Egg/Cheese Omelet, Fruit, Milk

**Lunch**  
**HOT DOGS**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Fries, Veggies, Fruit, Milk

**Tues 1/24**

**Breakfast**  
Muffins, Fruit, Milk

**Lunch**  
**HAMBURGERS**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Salad, Fruit, Milk

**Side Dishes:** Chips

**Wed 1/25**

**Breakfast**  
Danish, Fruit, Milk

**Lunch**  
**PIZZA**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Salad, Fruit, Milk

**Thurs 1/26**

**Breakfast**  
Egg Patty, Sausage Roll, Milk

**Lunch**  
**CHICKEN NUGGETS**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Macaroni & Cheese, Veggies,  
Fruit, Milk

**Fri 1/27**

**Breakfast**  
Pancakes, Fruit, Milk

**Lunch**  
**TACO SALAD**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Salad, Fruit, Milk

**Mon 1/30**

**Breakfast**  
Danish, Cereal, Milk

**Lunch**  
**CHICKEN PATTY SANDWICH**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Green Beans, Milk

**Side Dishes:** Cookie

**Tues 1/31**

**Breakfast**  
Muffin Tops, Sausage, Fruit, Milk

**Lunch**  
**CHILI W/ CHIPS**  
**SANDWICH LINE**  
**SALAD BAR LINE**  
Salad, Fruit, Milk

**Available Daily**

We offer the following daily lunch choice along with the main entrée.

- \* Peanut Butter & Jelly Sandwich
- \* Fresh Fruit/Yogurt
- \* Fresh Vegetables & Salad
- \* Juice or Water \$.25 each
- \* Hot Dogs, Corn Dogs, Taco Meat, and Meatloaf are all made from turkey/chicken.

**January 2012 Lunch Menu**  
[www.ogdenprep.org](http://www.ogdenprep.org)  
 801-627-3066 OPA Secondary  
 801-627-2066 OPA Intermediate  
 801-334-4255 OPA Elementary