



# Ogden Preparatory Academy K-6



## January Lunch Menu

<p><b>Tues 1/3</b></p> <p><u>Breakfast</u> Muffins, Fruit, Milk</p> <p><u>Lunch</u> Hot Dogs, PBJ, Jello Parfait, Fruit, Milk</p> <p><b>Side Dishes:</b> Chips</p>	<p><b>Wed 1/4</b></p> <p><u>Breakfast</u> Egg Patty, Sausage Roll, Milk</p> <p><u>Lunch</u> Taco Salad, Veggies, Pudding, PBJ, Milk</p>	<p><b>Thurs 1/5</b></p> <p><u>Breakfast</u> Cereal, Donut, Milk</p> <p><u>Lunch</u> Beef Stew, Roll, Veggies, Fruit, Milk</p>	<p><b>Fri 1/6</b></p> <p><u>Breakfast</u> French Toast Sticks, Fruit, Milk</p> <p><u>Lunch</u> Pizza, Salad, Fruit, Milk</p>
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<p><b>Mon 1/9</b></p> <p><u>Breakfast</u> Danish, Fruit, Milk</p> <p><u>Lunch</u> Popcorn Chicken, Roll, Fruit, Milk Mashed Potatoes &amp; Gravy</p>	<p><b>Tues 1/10</b></p> <p><u>Breakfast</u> Egg Omelet, Sausage, Fruit, Milk</p> <p><u>Lunch</u> Chicken Noodle Soup, Roll, Salad, Fruit, PBJ, Milk</p>	<p><b>Wed 1/11</b></p> <p><u>Breakfast</u> Breadables, Egg Patty, Milk</p> <p><u>Lunch</u> Chicken Alfredo, Roll, PBJ Green Beans, Fruit, Milk</p>	<p><b>Thurs 1/12</b></p> <p><u>Breakfast</u> Muffin Tops, Fruit, Milk</p> <p><u>Lunch</u> Pizza, PBJ, Milk Veggies, Fruit</p>	<p><b>Fri 1/13</b></p> <p><u>Breakfast</u> Cereal, Donuts, Milk</p> <p><u>Lunch</u> Hamburgers, Fries, Milk Salad, PBJ, Fruit</p>
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<p><b>Mon 1/16</b></p> <p><b>No School</b></p> <p>Martin Luther King Jr Day</p>	<p><b>Tues 1/17</b></p> <p><u>Breakfast</u> Breadables, Fruit, Milk</p> <p><u>Lunch</u> Chicken Haystacks, PBJ Corn, Fruit, Milk</p>	<p><b>Wed 1/18</b></p> <p><u>Breakfast</u> Cinnamon Rolls, Fruit, Milk</p> <p><u>Lunch</u> Fajitas, Rice, Salad PBJ, Fruit, Milk</p>	<p><b>Thurs 1/19</b></p> <p><u>Breakfast</u> Muffins, Fruit, Milk</p> <p><u>Lunch</u> Pizza, PBJ Veggies, Fruit, Milk</p>	<p><b>Fri 1/20</b></p> <p><u>Breakfast</u> Scrambled Eggs w/ Ham, Fruit, Milk</p> <p><u>Lunch</u> Sloppy Joes, Fruit, Milk</p> <p><b>Side Dishes:</b> Chips</p>
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**Mon 1/23**

**Breakfast**  
Egg/Cheese Omelet, Fruit, Milk

**Lunch**  
Hot Dogs, Fries, PBJ  
Veggies, Fruit, Milk

**Tues 1/24**

**Breakfast**  
Muffins, Fruit, Milk

**Lunch**  
Hamburgers, Salad, PBJ  
Fruit, Milk

**Side Dishes:** Chips

**Wed 1/25**

**Breakfast**  
Danish, Fruit, Milk

**Lunch**  
Chicken Nuggets, Veggies, PBJ  
Macaroni & Cheese, Fruit, Milk

**Thurs 1/26**

**Breakfast**  
Egg Patty, Sausage Roll, Milk

**Lunch**  
Pizza, PBJ  
Salad, Fruit, Milk

**Fri 1/27**

**Breakfast**  
Pancakes, Fruit, Milk

**Lunch**  
Taco Salad, PBJ  
Veggies, Pudding, Milk

**Mon 1/30**

**Breakfast**  
Danish, Cereal, Milk

**Lunch**  
Chicken Patty Sandwich, PBJ  
Green Beans, Milk

**Side Dishes:** Cookie

**Tues 1/31**

**Breakfast**  
Muffin Tops, Sausage, Fruit, Milk

**Lunch**  
Chili w/ Chips, PBJ  
Salad, Fruit, Milk

***Available Daily***

We offer the following daily lunch choice along with the main entrée.

- \* Peanut Butter & Jelly Sandwich
- \* Fresh Fruit/Yogurt
- \* Fresh Vegetables & Salad
- \* Juice or Water \$.25 each
- \* Hot Dogs, Corn Dogs, Taco Meat, and Meatloaf are all made from turkey/chicken.

**January 2012 Lunch Menu**  
[www.ogdenprep.org](http://www.ogdenprep.org)  
801-627-3066 OPA Secondary  
801-627-2066 OPA Intermediate  
801-334-4255 OPA Elementary

**Menu Subject to Change**